



# Vestibular Disorders Association

*A nonprofit organization dedicated to serving people with inner ear balance disorders*  
(800) 837-8428 or (503) 229-7705 ■ fax: (503) 229-8064  
www.vestibular.org ■ veda@vestibular.org  
P.O. Box 13305 • Portland, OR 97213

## Alabama Resource List

These are health professionals and others with an expressed interest in vestibular disorders. We hope this list provides a useful resource. However, VEDA does not rank the people on the list or make endorsements or non-endorsements. If you experience severe dizziness or balance problems, the place to start is with your family physician or internist. You will probably need a physical examination to determine if your dizziness is caused by a problem unrelated to the inner ear. If your physician rules out these other causes, you may find this list useful.

### Physicians

**Birmingham:** Dennis Pappas, MD  
Pappas Ear Clinic  
2937 7th Ave. S.  
Birmingham, AL 35233; (205) 251-7169  
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**Birmingham:** Grayson K. Rodgers, M.D.  
Birmingham Hearing and Balance Center  
2700 10th Ave. S., Ste. 502  
Birmingham, AL 35205; (205) 933-2951  
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**Birmingham:** Jack Denver, MD  
*Physical medicine and rehabilitation*  
3800 Ridgeway Dr.  
Birmingham, AL 35209  
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**Mobile:** Richard Gacek, MD  
Department of Surgery/ENT  
University of South Alabama  
307 N. University Blvd., HSB 1600  
Mobile, AL 36608; (334) 460-6389

**Sheffield:** F. Allen Long, MD  
Shoals ENT Group  
421 Cox Blvd.  
Sheffield, AL 35660; (256) 386-7040

### Therapists Who Provide Vestibular Rehabilitation

*Physicians and audiologists listed in other sections may also provide vestibular rehabilitation services at their clinics.*

**Decatur:** Susan DuPre, MPT  
Rehab Access  
2349 Danville Rd., Ste. 110  
Decatur, AL 35603; (256) 301-1028  
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**Florence:** Charles Rickard, RPT  
106 Caldwell Dr.  
Florence, AL 35633; (205) 767-5254

### Support Groups

**Pell City:** Lynn Brown  
Wobblers Support Group  
(205) 884-7853  
lynn@wobblers.com  
www.wobblers.com

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#### Endnotes:

§ These resources have indicated to us that they perform in-office BPPV head maneuvers.