



# Vestibular Disorders Association

*A nonprofit organization dedicated to serving people with inner ear balance disorders*  
(800) 837-8428 or (503) 229-7705 ■ fax: (503) 229-8064  
www.vestibular.org ■ veda@vestibular.org  
PO Box 13305 ■ Portland, OR 97213

## Maine Resource List

These are health professionals and others with an expressed interest in vestibular disorders. We hope this list provides a useful resource. However, VEDA does not rank the people on the list or make endorsements or non-endorsements.

If you experience severe dizziness or balance problems, the place to start is with your family physician or internist. You will probably need a physical examination to determine if your dizziness is caused by a problem unrelated to the inner ear. If your physician rules out these other causes, you may find this list useful.

### Physicians

**Portland:** Michael Knowland, MD  
William Maxwell, MD  
Maxwell, Knowland, & Kluger  
ENT Associates  
43 Baxter Blvd.  
Portland, ME 04101; (207) 775-6381  
www.mkkent.com

### Therapists Who Provide Vestibular Rehabilitation

*Physicians and audiologists listed in other sections may also provide vestibular rehabilitation services at their clinics.*

**Bangor:** Anne Knowles, PT  
Maine Center for Integrated Rehab  
12 Stillwater Ave.  
Bangor, ME 04401; (207) 942-1492  
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**Brewer:** Timothy Wakeland, PT  
The Rehab Center  
248 State St.  
Brewer, ME 04412; (207) 989-6671

**Kittery:** Cheryl Lumbruno, PT  
22 Shapleigh Rd.  
Kittery, ME 03904; (207) 439-8939  
cheryllumbruno@yorkhospital.com  
§

**Portland:** Paul R. Albert, PT, MS  
Maxwell, Knowland, & Kluger  
ENT Associates  
43 Baxter Blvd.  
Portland, ME 04101; (207) 775-6381  
albertp@mkkent.com

### Support Group Leaders

**Bangor:** Anne Knowles, PT  
Maine Center for Integrated Rehab  
12 Stillwater Ave.  
Bangor, ME 04401; (207) 942-1492

**Brunswick:** Sue Rodgers  
HealthSouth  
12 Industrial Parkway  
Brunswick, ME 04011; (207) 386-1550

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#### Endnotes:

§ These resources have indicated to us that they perform in-office BPPV head maneuvers.